



APRIL 2024

30 CORPORATE SPONSORSHIPS **IN 30** DAYS MENTAL HEALTH INITIATIVE

“Who says corporate giving has to be limited to Pride.”



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Queer Therapy Network MHP Houston Chapter
Life is Hard. Access To Mental Healthcare Shouldn't Be.

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**30 CORPORATE
SPONSORSHIPS
IN 30 DAYS
MENTAL HEALTH INITIATIVE**

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ABOUT 30 CORPORATE SPONSORSHIPS IN 30 DAYS MENTAL HEALTH INITIATIVE

Queer Therapy Network MHP Houston Chapter's 30 Corporate Sponsorships in 30 days Mental Health Initiative aims to create safe spaces for LGBTQ+ employers and employees seeking queer-affirming mental health services, resources, and support.

This initiative will not only provide much-needed support but also foster a culture of inclusivity and understanding in the workplace. By promoting queer mental health awareness and creating safe spaces, Queer Therapy Network MHP Houston Chapter is paving the way for a more supportive and inclusive work environment for LGBTQ+ individuals and working towards breaking down barriers and stigma surrounding mental health, ensuring that everyone feels valued, seen, and supported.

By partnering with various companies, we seek to raise awareness and funds to increase access to therapy services, resources, and support for employers and employees who identify as LGBTQ+. Together, we can make a positive impact on the mental well-being of LGBTQ+ individuals in the corporate world.

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ABOUT QUEER THERAPY NETWORK MHP HOUSTON CHAPTER

Queer Therapy Network MHP Houston Chapter is the first and only professional queer-affirming, supporter, and ally mental health network of certified mental health professionals collectively serving the LGBTQIA+ community with mental health services, resources, and support in a welcoming, safe, inclusive, and diverse environment.

MISSION

To build the first accredited chapter of queer-affirming mental health professionals, supporters, and allies offering mental health services, resources, and support.

VISION

To become the leading global accredited chapter for queer mental health.

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WHAT WE DO?

Queer Therapy Network MHP Houston Chapter helps mitigate and lower the risk of LGBTQ+ **workplace violence** due to **discrimination, harassment, and bullying** by providing a safe and welcoming space for corporations with LGBTQ+ employers and employees who may experience a mental health crisis or have one or more mental health disorder as a result.

By offering a supportive chapter for LGBTQ+ employers/employees facing mental health challenges in the workplace, Queer Therapy Network MHP Houston Chapter plays a crucial role in promoting mental health wellness, and safety. Through their dedicated services, they not only provide a refuge for those in crisis but also foster understanding and acceptance within the professional community. By prioritizing queer mental health support, they contribute to a more inclusive and compassionate work environment, ultimately reducing the likelihood of workplace violence and creating a more harmonious and supportive workplace for all.

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LGBTQ+ WORKPLACE, HARASSMENT, BULLYING, AND VIOLENCE



Creating a safe and inclusive work environment for all individuals, regardless of their sexual orientation or gender identity, is crucial in today's society.

It is important to address issues of harassment, bullying, and violence in the workplace, particularly towards those who identify as part of the LGBTQ+ community. By promoting diversity, equity, and respect within the workplace, we can foster a culture of acceptance and support for everyone. Together, we can work towards a future where all individuals feel valued and respected in their professional settings.

Workplace violence is a serious issue that can have devastating effects on individuals and organizations. It is important for employers to create a safe and respectful work environment where all employees feel valued and protected. By implementing policies and procedures to prevent and address workplace violence, companies can help ensure the well-being of their employees and maintain a positive workplace culture. Training employees on conflict resolution, providing resources for reporting incidents, and promoting open communication can all help to prevent workplace violence. Remember, everyone deserves to feel safe and respected at work.

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SIGNS THAT AN LGBTQ+ EMPLOYER/EMPLOYEE MAY BE IN DISTRESS DUE TO DISCRIMINATION, HARASSMENT, AND BULLYING



In today's diverse workforce, it is crucial for employers to recognize and address the signs and mental health needs of LGBTQ+ employers/employees. Research shows that LGBTQ+ individuals often face unique challenges in the workplace that can impact their mental well-being.

Changes in Behavior: Watch out for sudden changes in behavior such as increased irritability, withdrawal from social activities, or decreased productivity at work.

Physical Symptoms: Notice any unexplained physical symptoms like headaches, stomach issues, or changes in eating or sleeping patterns, as these could be indicators of mental health struggles.

Isolation: If an LGBTQ+ employer/employee starts isolating themselves from colleagues or friends, it could be a sign that they are struggling and need support.

Mood Swings: Keep an eye out for frequent mood swings, persistent sadness, anxiety, or expressions of hopelessness, as these could be red flags for mental health issues.

Substance Abuse: Increased use of alcohol or drugs can be a coping mechanism for LGBTQ+ individuals facing mental health challenges. Be aware of any changes in substance use patterns.

Performance Decline: A noticeable decline in work performance or sudden difficulty in meeting deadlines could be a sign that an LGBTQ+ employer/employee is experiencing mental distress.

Expressed Helplessness: Pay attention to any expressions of helplessness, worthlessness, or thoughts of self-harm, as these are serious indicators that immediate intervention may be needed.

It is essential for employers to create a supportive and inclusive environment where LGBTQ+ individuals feel safe to discuss their mental health concerns without fear of discrimination. Encouraging open communication, providing access to mental health resources, and promoting diversity and acceptance can help foster a positive work culture for everyone. Remember, mental health is just as important as physical health, and together we can create a workplace where everyone feels valued and supported.

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Queer Therapy Network MHP Houston Chapter 30 Corporate Sponsorships in 30 Days Mental Health Initiative Sponsorship Tiers Platinum, Gold, Silver, and Bronze



Thank you for your interest in the Queer Therapy Network MHP Houston Chapter Corporate Sponsorships. Supporting our network is not just about funding, but also about joining a community that values diversity, inclusion, and providing inclusive and queer-affirming mental health services, resources, and support for all and especially those in the work field.

As a Corporate sponsor, you have the opportunity to make a real difference in the lives of LGBTQ+ employers/employees and contribute to a more supportive and understanding society.

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Queer Therapy Network MHP Houston Chapter 30 Corporate Sponsorships in 30 Days Mental Health Initiative Sponsorship Tiers Platinum, Gold, Silver, and Bronze



Queer Therapy Network MHP Houston Chapter offers various corporate sponsorship levels to support our mission and your desired level of involvement. Whether you are a small business, or a corporation seeking to make a meaningful impact and looking to show your queer employees support, we welcome you to join us to create a more queer-affirming and compassionate world for all.

Prestigious Platinum Sponsor (\$1500 Monthly Contribution):

Our top-tier sponsorship level includes a **lifetime** chapter membership, prominent recognition at all events, access to employer/employee mental health services, resources and support, a featured blog spot on our website and all promotional materials, and **(4)** business featured social media visibility post per month. (Subject to approval.)

Esteemed Gold Sponsor (\$1000 Monthly Contribution):

Our Gold sponsorship level includes a **lifetime** chapter membership, recognition at select events, access to employer/employee mental health services, resources and support, a featured blog spot on our website and **(4)** business featured social media visibility post per month. (Subject to approval.)

Supportive Silver Sponsor (\$500 Monthly Contribution):

Our Silver sponsorship level includes a **lifetime** chapter membership, access to employer/employee mental health services, resources and support, and a featured blog and **(2)** business featured social media visibility post per month. (Subject to approval.)

Essential Bronze Sponsor (\$250 Monthly Contribution):

Our Bronze sponsorship is for businesses looking to show their support at a smaller scale and offers a **lifetime** chapter membership, access to employer/employee mental health services, resources and support and **(2)** business featured social media visibility post per month. (Subject to approval.)



Queer Therapy Network MHP Houston Chapter 30 Corporate Sponsorships in 30 Days Mental Health Initiative

Return Corporate Sponsorship Application to: Sponsorship@queertherapynetwork.com

Company Information *Completely fill out all company information.

Company Name :

Full Address :

City : State : Zip :

Email :

Phone Number : EXT :

Website :

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Queer Therapy Network MHP Houston Chapter 30 Corporate Sponsorships in 30 Days Mental Health Initiative Tiers:

*Choose your type of Corporate Mental Health Initiative Tier.

Prestigious Platinum Sponsor (\$1500 Monthly Contribution)

Our **Platinum** sponsorship level includes a **lifetime** chapter membership, prominent recognition at all events, access to employer/employee mental health services, resources and support, a featured blog spot on our website and all promotional materials, and **(4)** business featured social media visibility post per month. (Subject to approval.)

Esteemed Gold Sponsor (\$1000 Monthly Contribution)

Our **Gold** sponsorship level includes a **lifetime** chapter membership, recognition at select events, access to employer/employee mental health services, resources and support, a featured blog spot on our website and **(4)** business featured social media visibility post per month. (Subject to approval.)

Supportive Silver Sponsor (\$500 Monthly Contribution)

Our **Silver** sponsorship level includes a **lifetime** chapter membership, access to employer/employee mental health services, resources and support, and a featured blog and **(2)** business featured social media visibility post per month. (Subject to approval.)

Essential Bronze Sponsor (\$250 Monthly Contribution)

Our **Bronze** sponsorship is for businesses looking to show their support at a smaller scale and offers a **lifetime** chapter membership, access to employer/employee mental health services, resources and support and **(2)** business featured social media visibility post per month. (Subject to approval.)

Please note: All corporate sponsorship initiative applications are subject to approval. When reviewing corporate sponsorship applications, our primary focus is to align with our core mission and goals. We carefully assess each company through a vetting process that helps us maintain a strong reputation and partnership with businesses that share our vision. Once approved, these sponsorships play a crucial role in supporting our initiatives and driving positive change in the corporate world and queer community.

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THANK YOU, AND WE LOOK FORWARD TO WORKING WITH YOU.



CONTACT US

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